



WASH YOUR HANDS!



WHEN TO WASH?

- ✓ PRIOR TO HANDLING EXPOSED FOODS
- ✓ PRIOR TO HANDLING FOOD CONTACT SURFACES
- ✓ STARTING WORK
- ✓ PRIOR TO GLOVE USE
- ✓ AFTER USING THE RESTROOM
- ✓ BETWEEN GLOVE USE

WHAT TO WASH?

- ✓ WASH HANDS
- ✓ EXPOSED ARMS
- ✓ BETWEEN FINGERS
- ✓ UNDER FINGERNAILS



HOW TO WASH?

- ✓ USE A HAND SINK ONLY
- ✓ VIGOROUSLY RUB SURFACES OF LATHERED HANDS TOGETHER FOR AT LEAST 20 SECONDS
- ✓ CLEAN UNDER NAILS WITH A NAIL BRUSH IS NEEDED
- ✓ RINSE THE HANDS AND ARMS WITH CLEAN WATER